



## PR: Front and Center

### Service Organization

The primary service provided by Narcotics Anonymous is the NA group meeting. Each group runs itself based on principles common to the entire organization, which is expressed in NA's literature.

Most groups rent space for their meetings in buildings run by public, religious, or civic organizations. Individual members lead the NA meetings while other members participate by sharing about their experiences in recovering from drug addiction.

Group members also work together to perform the activities associated with running a meeting. In a country where Narcotics Anonymous is a relatively new and emerging fellowship, the NA group is the only level of organization. In places where a number of Narcotics Anonymous groups have had the chance to develop and stabilize, groups elect representatives to form a local service committee. These local committees usually offer a number of services. Included among them are:

distribution of NA literature;

helpline information services;

presentations for treatment and healthcare staff, civic organizations, government agencies, and schools;

presentations to acquaint treatment or correctional facility clients with the NA program; and

maintaining NA meeting directories for individual information and for any interested person .



In some countries, especially the larger countries or those where Narcotics Anonymous is well established, a number of local/area committees have come together to create regional committees.

These regional committees handle services within their larger geographical boundaries while the local/ area committees operate local services. An international delegate assembly known as the World Service Conference provides guidance on issues affecting the entire organization. Primary among the priorities of NA's world services are activities that support emerging and developing NA communities and the translation of Narcotics Anonymous literature.

For additional information, contact the NA World Services headquarters in Los Angeles, California. The mailing address, telephone number, fax number, and website address appear at the end of this pamphlet.

### Organizational Philosophy

In order to maintain its focus, Narcotics Anonymous has established a tradition of nonendorsement and does not take positions on anything outside its own specific sphere of activity.

Narcotics Anonymous does not express opinions— either pro or con—on civil, social, medical, legal, or religious issues. Additionally, it does not take stands on addiction-related issues such as criminality, law enforcement, drug legalization or penalties, prostitution, HIV/HCV infection, or syringe programs.

Narcotics Anonymous strives to be entirely self-supporting through member contributions and does not accept financial contributions from non-members. Based on the same principle, groups and service committees are administered by NA members, for members. Narcotics Anonymous neither endorses nor opposes any other organization's philosophy or methodology.

NA's primary focus is in providing a recovery environment whereby drug addicts can share their recovery experiences with one another. By remaining free from the distraction of controversy, NA is able to focus all of its energy on its particular area of purpose.

### Cooperating with Narcotics Anonymous

Although certain traditions guide its relations with other organizations, Narcotics Anonymous welcomes the cooperation of those in government, the clergy, treatment and healthcare professions, criminal justice organizations and private voluntary organizations. NA's non-addict friends have been instrumental in getting Narcotics Anonymous started in many countries and helping NA grow worldwide. NA strives to cooperate with others interested in Narcotics Anonymous. Our more common cooperation approaches are: providing contact information, disseminating recovery literature, and sharing information about recovery.

Additionally, NA members are often available to provide presentations for treatment centers and correctional facilities, offering information about the NA program to the professional staff and sharing with addicts otherwise unable to attend community-based meetings.

## September/October 2011

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**Membership Demographics**

To offer some general informal observations about the nature of the membership, and the effectiveness of the program, the following observations are believed to be reasonably accurate. The socioeconomic strata represented by the NA membership vary from country to country. Usually, members of one particular social or economic class start and sustain most developing NA communities worldwide, but as their fellowship development activities become more effective, the membership becomes more broadly representative of all socioeconomic backgrounds. All ethnic and religious backgrounds are represented among NA members.

Once a developing NA community reaches a certain level of maturity, its membership generally reflects the diversity or homogeneity of the background culture. Membership in Narcotics Anonymous is voluntary; no attendance records are kept either for NA's own purposes or for others. Because of this, it is sometimes difficult to provide interested parties with comprehensive information about NA membership.

There are, however, some objective measures that can be shared based on data obtained from members attending one of our world conventions; the diversity of our membership, especially ethnic background, seems to be representative of the geographic location of the survey.

The following demographic information was gathered from a survey completed by approximately 11,723 NA members. The survey was made available at the 2009 World Convention of NA in Barcelona, Spain, in our international journal, *The NA Way Magazine*, and on our website:

**Gender: 58% male, 42% female.**

**Age: 2% 20 years old and under, 14% 21–30 years old, 22% 31–40 years old, 34% 41–50 years old, 24% 51-60 years old, and 4% over 60 years old.**

**Ethnicity: 73% Caucasian, 10% African-American, 10% Hispanic, and 7% other.**

**Employment status: 61% employed full-time, 10% employed part-time, 11% unemployed, 7% retired, 4% homemakers, and 7% students.**

**Continuous abstinence/recovery: ranged from less than one year up to 40 years, with a mean of 9.1 years.**

**Years Drug-Free**

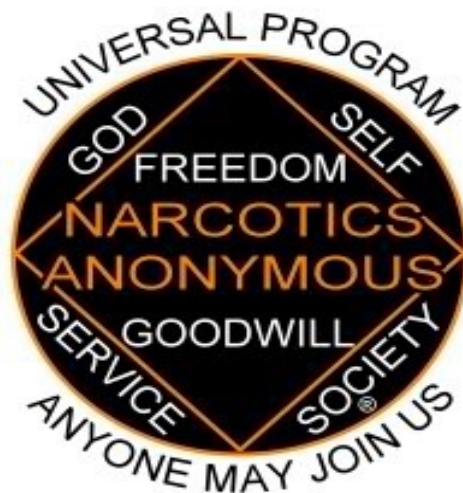
NA members have an average of 9.1 years clean. This can be compared to NA's last survey, which was the 2007 Membership Survey, showed members with an average of 9.09 years clean.

**Quality of Life Improvement Areas**

*Multiple answers were allowed.*

The 2009 Membership Survey marks the second time that members were asked to respond to areas of their lives that have improved with NA attendance. We initially asked this question in 2007 and found the responses informative about recovery in NA. The two areas that received overwhelming improvement were Family Relationships where 92% of our members stated enrichment and Social Connectedness was realized by 88% of the respondents.

NA's literature states that active addiction is marked by increased isolation and destruction with relationships. Recovery in NA has helped survey respondents to repair the damage in their lives from drug addiction.



**Women in  
Recovery  
Group**

**MOVING  
THE PLACE**

**Beginning Sep-  
tember 3rd**

**Saturday 9:30 AM**

**and**

**Sunday 10:30 AM**

**Newsletter Guidelines**

We would like to thank all of you who contributed to the newsletter. It was by your efforts that this publication was made possible. We look forward to your contributions in upcoming publications and we accept articles poetry, jokes, and cartoons. Please keep submissions to 200 – 400 words. The Newsletter is published bi-monthly, please provide submissions at least two weeks prior to print. Please e-mail all contributions to: [lit@basna.org](mailto:lit@basna.org)

**Please Note...** The opinions expressed herein are those of individual contributors, and not the opinions of the Bay Area Literature Subcommittee, or Narcotics Anonymous as a whole. Narcotics Anonymous is not affiliated with any of the facilities mentioned. The Handbook for Narcotics Anonymous states, "The 12 Traditions of NA should serve as the basic guidelines for editing your newsletter ... the language of NA recovery should be used." All editorial decisions made by the Literature Subcommittee have been made with these guidelines in mind. We welcome any feedback in accordance with the Second Tradition. Please indicate if you would like that feedback published.

## HELL HAS AN EXIT

### HELL'S 10<sup>th</sup> LEVEL

#### *A POINT OF DECISION, MY WILL MY LIFE, CARE OF GOD AS I UNDERSTAND*

As I stand considering my path through this level of hell I wonder. What are these decisions that I now stand face to face with making? In the two previous levels I discovered in that the problem lies in powerlessness and unmanageability. Next it was revealed that the solution can be found in a Power greater than myself, who will begin to guide me to a restoration of sanity. I now stand at the cross roads. On one hand I know what the path is that brought me to this point, having no choices in life but to either take more drugs or suffer the pains of withdrawal. While on the other I find myself a bit uncertain concerning that which is unfamiliar. A God that's personal and totally without judgment of my own understanding, but what is this God's will for me? How can I answer this? As I once again make an honest assessment of my life, I find that the answer has been revealed. God's will is not for me to live in the pits of despair. Again I look to those who have traveled this path before me and they leave me these words to begin this journey. "At times during our recovery the ability to ask for God's help can be our greatest source of strength and courage."

This is the request that I make, as so many who have come before me have made. I now begin my journey towards my personal point of decision.

**"Take my will and my life. Guide me in my recovery. Show me how to live."**

In my ascension from hell's 10<sup>th</sup> level these tools were suggested.

- ☯ Surrender: what a paradox. This goes against all that I have ever learned. Never give up, be strong, use your willpower, but never surrender. What is it that I am surrendering in this journey? Thinking back and following suggestions these revelations are simple I am surrendering my fight to claim my right to use. I am surrendering the right of trying to be a social user. In essence surrender means **not having to fight anymore.**
- ☯ Willingness: something that often comes in the wake of despair after a struggle for control. What is it that I have tried to control? Certainly where I find myself can be a sign of those things to which I have sought to control. Perhaps there is something to this thing called surrender. I feel that there is hope, with this thought I begin to understand the progression that now takes place in my life. The progression of **"HOPE — TO FAITH — TO TRUST."**
- ☯ In my ascension from hell's 12<sup>th</sup> level, I found hope when I was hopeless. In my ascension from hell's 11<sup>th</sup> level, I found the beginning of faith that I can escape this and that. In my ascension from hell's 10<sup>th</sup> level, I find that hope and faith work together and I begin to have faith that I to can make this journey.
- ☯ Commitment: upon this foundation I make this commitment to turn over that which I now begin to understand to a God that I can understand. Again the decision to ask for God's help. What more need be said?

With these tools I ascend from Hell's Tenth Level.

*Samuel B.*



## *Practicing Principles*

### **TRADITION 1**

*Our common welfare should come first; personal recovery depends on NA unity.*

Am I gentle with those who rub me wrong, or am I abrasive?

Do I make competitive NA remarks, comparing one group to another or getting into defensive power struggles with members of another group?

Am I a peacemaker or do I plunge into arguments?

Am I as considerate of NA members as I want them to be of me?

Do I share all of me, the bad and the good, accepting as well as giving the help of the fellowship?

Do I respect other NA member's anonymity, or am I into gossip and taking others inventories?

### **TRADITION 2**

*For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.*

Am I seeking praise or credit for my work in service positions? Do I feed my ego?

Although I have been clean a few years, am I willing to serve my time at NA chores, setting up and cleaning up?

In discussions, do I sound off about matters on which I have no experience or knowledge?

Am I critical, or do I trust my groups officers, committees, newcomers, and oldtimers?

Am I one-hundred percent trustworthy, even in secret with NA Twelfth-Step jobs and other service positions?

### **TRADITION 3**

*The only requirement for membership is a desire to stop using.*

Are there certain types of addicts I do not want in my home-group?

Do I judge some NA members as losers who don't have a desire to stop using?

Do I let religion (or lack of it), education, sexuality, age, or wealth interfere with my carrying the message?

Do I treat all members of NA equally, whether they are doctors, lawyers, or living in poverty?

Am I open-minded about individuals who are ordered by the court to attend NA meetings?

### **TRADITION 4**

*Each group should be autonomous except in matters affecting other groups or NA as a whole.*

Do I always bear in mind that to those outsiders who know I am in NA, I may to some extent represent the entire fellowship?

Does my group always consider the welfare of the rest of NA? of nearby groups? Of loners? Of a group far away from any service structure?

Am I willing to help a newcomer go to any lengths—His/hers, not mine – to stay clean?

Does my group engage in power struggles with other close by NA groups to try to prove that "mine is better"?

### **TRADITION 5**

*Each group has but one primary purpose – to carry the message to the addict who still suffers.*

Do I cop out by saying "I am not a group, so this tradition does not apply to me?"

Am I willing to explain firmly to newcomers the limitations of NA help? Even if they get mad because I won't give them a loan?

Have I imposed on any member of NA for a special favor just because I am a fellow addict?

Am I willing to Twelfth- Step the next newcomer without regard for who they are or what's in it for me?

Do I remember that oldtimers in NA can be addicts who still suffer? Do I try both to help them and learn from them?

## **TRADITION 6**

*An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise; lest problems of money, property, or prestige divert us from our primary purpose.*

Should my group list functions of other twelve step fellowships on our calendar of events?

Should my group plan activities with other clubs, groups, or organizations outside of NA?

Is it good for groups to lease a meeting building?

Should NA make charitable contributions to a treatment center or other organization?

## **TRADITION 7**

*Every NA group ought to be fully self-supporting declining outside contributions.*

Honestly now, do I do all I can to help NA remain self-supporting? Could I put two dollars in the basket instead of one?

Should I put a little more in the basket for that newcomer who can't afford it?

Should NA have car washes or garage sales to raise funds for NA?

Is a group treasurer's report unimportant business? How does the treasurer feel about it?

Does my group keep substantial funds in its account or do we forward extra money to the area, region, or world?

## **TRADITION 8**

*Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.*

Do I expect to receive some type of reward, even if not money for my service work?

Do I sometimes try to sound like an expert on addiction? On recovery? On medicine? On sociology? On NA itself? On psychology? On spirituality? Or heaven help me, humility?

Do I make an effort to understand what WSO employees do? What workers in addiction agencies do? Can I distinguish clearly between them?

In my own NA recovery have I had any experiences which illustrate the wisdom of this tradition?

## **TRADITION 9**

*NA, as such, ought never be organized, but we may create service boards and committees directly responsible to those they serve.*

Do I try to run things in NA?

Do I exercise patience and humility in every NA job I take?

Am I aware of all those to whom I am responsible in any NA service position?

Have I learned to step out of a service position gracefully and profit thereby when the time comes?

What has rotation to do with anonymity? With Humility?

## **TRADITION 10**

*Narcotics Anonymous has no opinion on outside issues, hence the NA name ought never be drawn into public controversy.*

Do I ever give the impression that there is really an NA opinion on the war on drugs? Doctors, psychiatrists, churches, treatment facilities, or government?

Can I honestly share my own NA experience without giving the impression that I am stating the NA opinion?

What would NA be without this tradition?

How can I manifest the spirit of this tradition in my personal life outside NA? Inside NA?

## **TRADITION 11**

*Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.*

Do I sometimes promote NA so fanatically that I make it seem unattractive?

Am I careful about throwing NA names around even within the fellowship



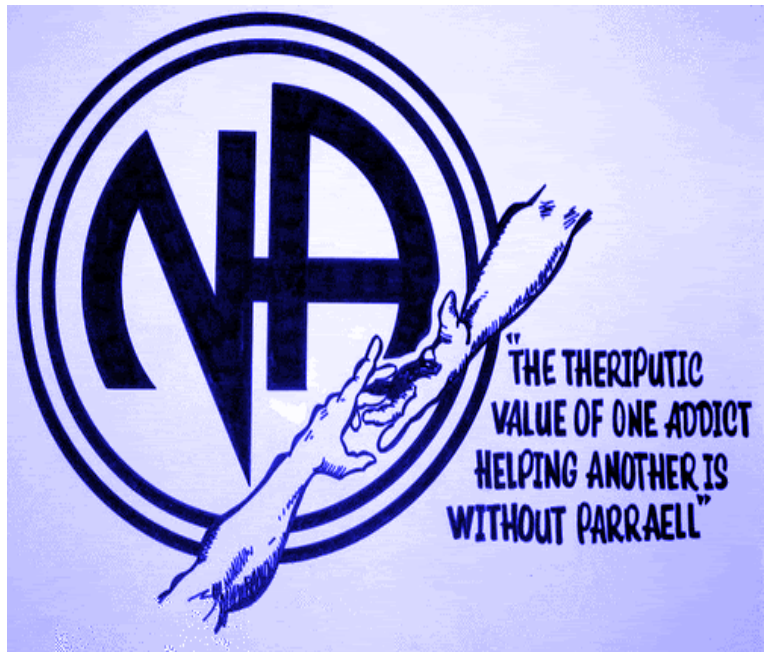
- Am I ashamed of being an addict?
- Am I always careful to keep the confidences shared with me as an NA member?
- Is my NA recovery attractive enough that a practicing addict would want such a quality for themselves?

**TRADITION 12**

*Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.*

- Why is it a good idea to place the common welfare of all members of NA before individual welfare? What would happen to me if NA as a whole disappeared?
- When I don't trust a current servant, do I wish I had the power to straighten them out?
- Do I get my group to conform to *my* standard, not its own?
- What is the real importance of "me" among thousands of recovering addicts?
- Do I stay away from certain meeting because of personality problems?
- Do I do all I can to support NA financially? When was the last time I made a newcomer donation?

*Anonymous  
Courtesy Mid-America  
Newsletter, Kansas*



**Your Lit/News Letter Committee Needs You**

**We need your articles**

**We need your Input**

**We need Your Help to Review "Living Clean"**

**Please contact us at: [lit@bascna.org](mailto:lit@bascna.org)**

**Or Contact Gregg B. @ 813.380.0049**

**Bay Area Service Committee Meetings**

<b>Activities</b>	6:30 p.m.	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday, The Place
<b>Area SVC Committee</b>	9:30 a.m.	2 <sup>nd</sup> Sunday, The Place
<b>Helpline</b>	TBA	Sat. before 2 <sup>nd</sup> Sunday, The Place
<b>Hospitals &amp; Institutions</b>	8:30 a.m.	1 <sup>st</sup> Sunday, The Place
<b>Lit/Newsletter</b>	10:00 a.m.	1st Sat. Kristina's 3590 34th St N · St Pete
<b>Policy</b>	8:30 a.m.	2 <sup>nd</sup> Sunday, The Place
<b>Public Relations</b>	6:45 p.m.	1 <sup>st</sup> Thursday, 639 Edgewater Dr., Dunedin

NA is not affiliated with any of the facilities listed.

## TWELVE TRADITIONS MAKE A DIFFERENCE

My name is Bruce G. and I am an addict. I was told something in early recovery. If it is good for NA, then it will be good for me. After reading the Traditions in the basic text, I had this thought; "If I am going to be a part of NA, I just might want to know what I belong to." Later I realized that if these traditions had allowed NA to stand as strong for as long as it has and grow to the point of what we now know, that just maybe; "It also could work for me and in my life." I've always been drawn back to the traditions wanting to know, understand, and learn how to apply them to my life in dealing with others.

Although I have worked all 12 Steps and 12 Traditions, I don't want this to be a Green and Gold review - just my experience, strength, and hope from reading, writing and the application of our program with some of our traditions and slide in a step to back it up.

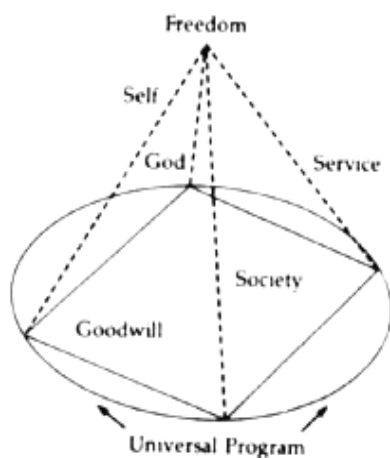
Our 1<sup>st</sup> Tradition says that our common welfare should come first. Very simply put, if my common welfare does not come first, I will be no good to help others. My personal recovery and the unity I have with myself and the God of my understanding allows me to be part of the unity of the group, my family, and my work.

The loving God that lives in our 2<sup>nd</sup> Tradition and in my heart does have the ultimate authority of all things. It is amazing to see how my life unfolds when I invite my loving God into anything I have going on. At that point I have gotten out of myself will and allowed God's will to take place in applied faith. This for me stops the insanity and allows me to be restored to sanity, which we talk about in our 2<sup>nd</sup> Step.

The passion I have learned from our 3<sup>rd</sup> Tradition is so simple. If I don't have a desire to do something, I just will not do it. In all of my relationships, if we did not have that desire to be in that relationship, I have the evi-

dence that it did not work out. It is that passion it takes to keep that fire burning to remain in the relationship. I can use this compassion and humility in just about everything in my life.

Self-Governing is not a concept I ever thought would apply to me or in my life. With the autonomous in our 4<sup>th</sup> Tradition I am allowed to be open-minded. I get the right to make some decisions in my life and I know that the more I mature, the better those decisions become. In all my interactions with others we will get to decide what the dynamics of that relationship will be. If we over step each other's rights, others then need to step in and help protect our greater good and our rights as a person.



I know if I am taking care of my responsibilities and doing my job, I am working the 5<sup>th</sup> Tradition in my life. I have a purpose in life today. Applying integrity, which I believe only the God of my understanding can judge me on, is the proof I get to see. Am I still running around crying out in self-pity or am I giving back what was freely given to me? Harmony being my favorite spiritual principle found throughout our tradition.

In our 6<sup>th</sup> tradition, it says that money, property and prestige divert us from our primary purpose. Anything I put in front of my recovery I too will lose.

Now the 7<sup>th</sup> tradition is the first one that I said I know what that means to me. I spent a part of my life where I had to have outside contributions, and some of us might have too. The freedom I get to have by doing for me is great. Not having to do something because you might not take care of me or take something from me is so rewarding. This is for

sure; if it is good for NA I might want to do it for me.

I, as a person, am not a professional as part of this body. I had to understand in our 8<sup>th</sup> tradition that I am neither a doctor nor a lawyer but that if I need one I might want to go find one. By being prudent, I am concerned with practical matters of my life.

The 10<sup>th</sup> tradition works like a paradox. NA takes the stand of not having an opinion on outside matters. Funny how that works so they don't get caught up in the controversy. On the other hand, I am allowed to have an opinion about anything I choose to. As soon as I voice my opinion, I am opened up to public controversy. Today I just don't need that in my life. This allows me to be who I am, you to be you and us to have unity in doing so.

Because of the 11<sup>th</sup> Tradition let's just say I am glad I am not a Rock Star or someone important, but my name is out there for the world to see daily. Today we have the internet and good old FB. My anonymity is mine to keep or mine to break. The cool thing is that just because I support something on my FB page does not mean I belong to it. The things I am able to do in ser-

vice for our fellowship, gives me faith that the attraction (rather than promotion), will work for others as it did for me.

The anonymity it talks about in our 12<sup>th</sup> Tradition is beautiful. We can do all things for the greater good. It is not about me anymore. It is about the sick and suffering addict, the non-addict or yet-to-know that they are an addict. If I can just put my stuff to the side for a minute and be there for another human being, I too can make a difference in this world. None of us will make it out alive - that is the bottom line. It is no longer about ME ...it is about what WE can do. I want to thank all those that have ever taken a minute out of their lives to carry a message of hope to me. I believe- TIME is the important thing I can give or take from someone. Thanks for my recovery.

Bruce G. 5/21/08

# Art and Poetry from Around the Fellowship

I PICKED A ROSE  
 AND WHAT DID I SEE.  
 I SAW ALL ITS BEAUTY  
 THERE WAS TO SEE  
 IT SLIPPED FROM MY HAND  
 AND FELL TO THE GROUND  
 BREAKING MY SILENCE WITHOUT A  
 SOUND  
 WITH AN ECHO THE SEED BEGAN TO  
 REGROW

Doug B.

I am an individual  
 Completely unique  
 A composite of everything  
 And everyone  
 That ever touch my life  
 And tho I will not change for you  
 I cannot be with you  
 Without being changed by you

Lori Jean B.





# Area Help Lines for the Florida Region

**Bahamas**... 242-426-5245 (naflorida.net/bahamas)

## Bay Area (Saint Petersburg, Clearwater, Pinellas County)...

888-779-7117 / 727-547-0444 (bascna.org)

**Big Bend Area** (Tallahassee) ..... 877-340-5096 / 850-224-2321 (bigbendna.org)

**Chain O' Lakes Area** (Leesburg, Eustis, Tavares, Clermont, Groveland)..... 352-319-5617 (colana.org)

**Daytona Beach Area** (Ormond, Holly Hill, Port Orange, New Smyrna Beach, Edgewater, Flagler Beach, Palm Coast, Deland, Orange City, Deltona)..... 800-206-0731 / 386-628-0318 (daytonana.org)

**First Coast Area** (Jacksonville, Jacksonville Beaches, Fernandina Beach, MacClenny, Orange Park, Middleburg, Green Cove Springs, Palatka) ..... 904-723-5683 (firstcoastna.org)

**Forest Area** (Ocala, Belleview, Dunnellon)..... 352-368-6061 (forestna.org)

**Gold Coast Area** (Fort Myers, Ft. Lauderdale, Port Charlotte, Cape Coral)888-524-1777 (goldcoastna.org)

**Greater Orlando Area** (Longwood, Sanford, Casselberry, Altamonte, Kissimmee)407-425-5157 (orlandona.org)

**Greater Pensacola Area** (Pensacola, Ft. Walton Beach)... 850-496-1673 / 850-723-4813 (pensacolana.org)

**Gulf Coast Area** (Port Charlotte)..... 866-389-1344 (nagulfcoastfla.org)

**Heartland Area** (Lakeland, Polk County, Highlands County, Hardee County)863-683-0630 (naflheartland.org)

**Midcoast Area** (Delray Beach, Boca Raton, Boynton Beach, Deerfield Beach)561-393-0303 (midcoastarea.org)

**Nature Coast Area** ..... 352-464-4135

**North Dade Area** ..... 866-935-8811 (northdadearea.org)

**Palm Coast Area** (West Palm Beach) ..... 561-848-6262 (palmcoastna.org)

**Recovery Coast Area** (New Port Richey)..... 727-842-2433 (napasco.org)

**River Coast Area** (Citrus County, Hernando County) 352-382-0851 / 352-754-7200 (rivercoastareana.org)

**Serenity Coast Area** (Jacksonville, Jacksonville Beach, Mandarin, Middleburg, Orange Park, St. Augustine) ..... 904-358-NANA (6262) (serenitycoastna.org)

**Space Coast Area** (Cocoa, Cocoa Beach, Indialantic, Melbourne, Merritt Island, Palm Bay, Port St. John, Rockledge, Satellite Beach, Sebastian, Suntree, Titusville) ..... 321-631-4357 (spacecoastna.org)

**Suncoast Area** (Sarasota, Bradenton) ..... 941-257-5055 (suncoastna.org)

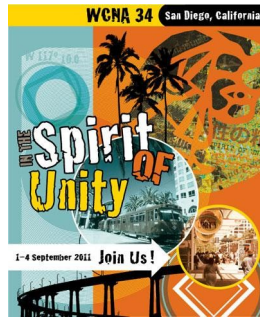
**Sunset Coast Area** (Naples, Bonita Springs) .....  
 ..... 888-435-7301 / 239-249-1398 / 239-591-2804 / 888-435-7301 (sunsetcoastna.com)

**Tampa Funcoast Area** (Hillsborough County, Tampa, Brandon, Lutz, Riverview, Ruskin) ..813-879-4357  
 ..... (tampa-na.org)

**Treasure Coast Area** (Fort Pierce, Port St. Lucie, Stuart, Okeechobee, Vero Beach) ..... 772-343-8373  
 .....(treasurecoastareana.com)

**Uncoast Area** (Alachua, Branford, Gainesville, High Springs, Lake City, Live Oak, Newberry, Old Town, Worthington Springs) 352-376-8008 / 866-352-5323 (uncoastna.org)

# Around The Area



**Sept 14 Every Wed 8:00pm - 9:00pm**

Point of Freedom Group Speaker Mtg., The Place

**Sept 17 Every 3rd Sat 10:00am - 4:00pm**

Work The Steps or Die, Serenity UMC, St. Pete

**Sept 17 Sat Bay Area Anniversary Party 6:30pm - 11:30pm**

Treasure Island Community Center, FL

**Sept 18 Sun 10:00am - Until dusk**

We Found A Way Out Picnic, Lake Seminole Park, Pinellas Park

**Sept 18 Every 3rd Sun. 8:00am - 11:00 pm**

Women in Recovery Monthly Anniversary Celebration, The Place

**Sept 29 Every Last Thur. 7:00 pm - 9:00pm**

Defeating Our Addiction, Potluck & Speaker Mtg., Gulfport Presbyterian

**Oct. 7 Fri 9:30Pm - Until ?**

Galactic Bowling, Seminole Lanes, Seminole, FL

**Oct. 9 Sun 9:00am - 12:00pm**

Bay Area Service Committee Meeting , The Place

**Oct 16 3rd Sun. Even Month :10:00am - 1:00 pm**

FRCNA Support Committee, Marriot Waterside, Tampa, FL

## Contact the Bay Area Service Com- mittee

**Subcommittee e-mail**

**addresses are:**

activities@basena.org,

areasecretary@basena.org,

helpline@basena.org,

hi@basena.org,

lit@basena.org,

pr@basena.org,

rcm@basena.org,

web@basena.org

Or contact us by

pony express at

B.A.S.C.N.A.,

P.O. Box 703,

Largo, FL,

33779-0703.

NA is not affiliated with any of the facilities listed.

# Around The Region



Narcotics Anonymous®



Check Regional Website for Events

**Sept 16 Fri 10:00pm - Sept 18 Sun 5:00pm**

FL Regional Service Conference - Sarasota, FL

**Sept 23 Fri— Sept 25 Sun**

FCACNA XI Pointa Vedra Beach, FL

**Sept 23 Fri— Sept 25 Sun**

River Coast Area 23rd Campout, Weeki Wachee, FL

**Sept 30 Fri— Oct 2 Sun**

FACNA XXVII Embassy Suites Tampa, FL

**Oct 14 Fri — Oct 16 Sun**

Heartland Area's 9th Annual Convention, River Ranch, FL

**Oct 29 St 9:00am - 5:00pm**

Get Hooked On Recovery Fishing Trip, Women do Recover Group, Tampa, FL

## Rainbow Weekend 14

### November 11-13

Fort Lauderdale Marriot North  
6650 N. Andrews Ave  
Fort Lauderdale, Fl 33309

[info@rainbowweekend.org](mailto:info@rainbowweekend.org)

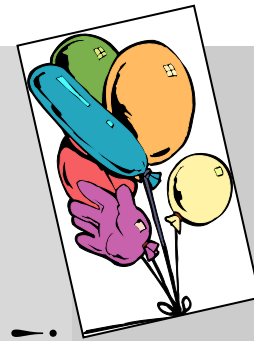
## Florida Regional Service Conference September 16-18

Hyatt Regency Sarasota on Sarasota Bay  
100 BLVD of the Arts  
Sarasota  
941.953.1234

NA is not affiliated with any of the facilities listed.

# Bay Area Anniversaries

Aug. 13	Josie T. (We Found A Way Out)	10 years
Sept . 1	Ryan M. (Point of Freedom)	1 year
Sept . 4	Doug H. (Point of Freedom)	22 years
Sept. 8	Neal B. (We Found A Way Out)	1 year
Sept . 1	Lee H. (Point of Freedom)	1 year
Sept. 10	Jenn L. (We Found A Way Out)	1 year
Sept. 11	Jen S. (Welcome Home)	4 years
Sept. 13	Joey A. (Welcome Home)	1 year
Sept. 15	Bert Y. (Welcome Home)	28 years
Sept. 18	Bruce S. (Welcome Home)	4 years
Sept. 22	Doug B. (Keys To Recovery)	? years
Sept 26	Rob M. (Welcome Home)	8 years
Sept. 27	Barbara H. (We Found A Way Out)	2 year
Sept. 28	Lisa C. (We Found A Way Out)	11 year
Oct. 2	Raheem M. (Never Alone)	38 years
Oct. 6	Brian H. (Welcome Home)	1 year
Oct. 6	Kevin B. (Welcome Home)	24 years
Oct. 12	Joe G . (Welcome Home)	3 years
Oct. 22	Shane A. (Welcome Home)	4 years
Oct. 22	Dave T . (Welcome Home)	23 years
Oct. 25	Rob S. (Never Alone)	3 years
Oct. 27	Scott G. (Welcome Home)	23 years



Congratulations celebrants! Cheers for your dedication!

- MEETINGS IN**
- NEED OF SUPPORT**
- Acceptance and Change**  
(Oldsmar Community UMC)
- Always Here**  
(Terra Nova)
- Just for Today**  
(Terra Nova)
- Morning Serenity**  
(The Place)
- New Attitudes**  
(St. Paul's)
- No Pain No Gain**  
(West Care)
- Primary Porpoise**  
(Calvary)
- Serenity In Addiction**  
(Serenity Club)
- Spoons R4 Coffee/Lighters R4 Candles**  
(Terra Nova)
- Trust the Process**  
(G. Port Presbyterian)

NA is not affiliated with any of the facilities listed.

***Nuestro Proposito***

***Our Areas only Spanish Speaking Meeting is in Need of Help. Please check website for more info.***

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***Next Topic: Surviving The Holidays***

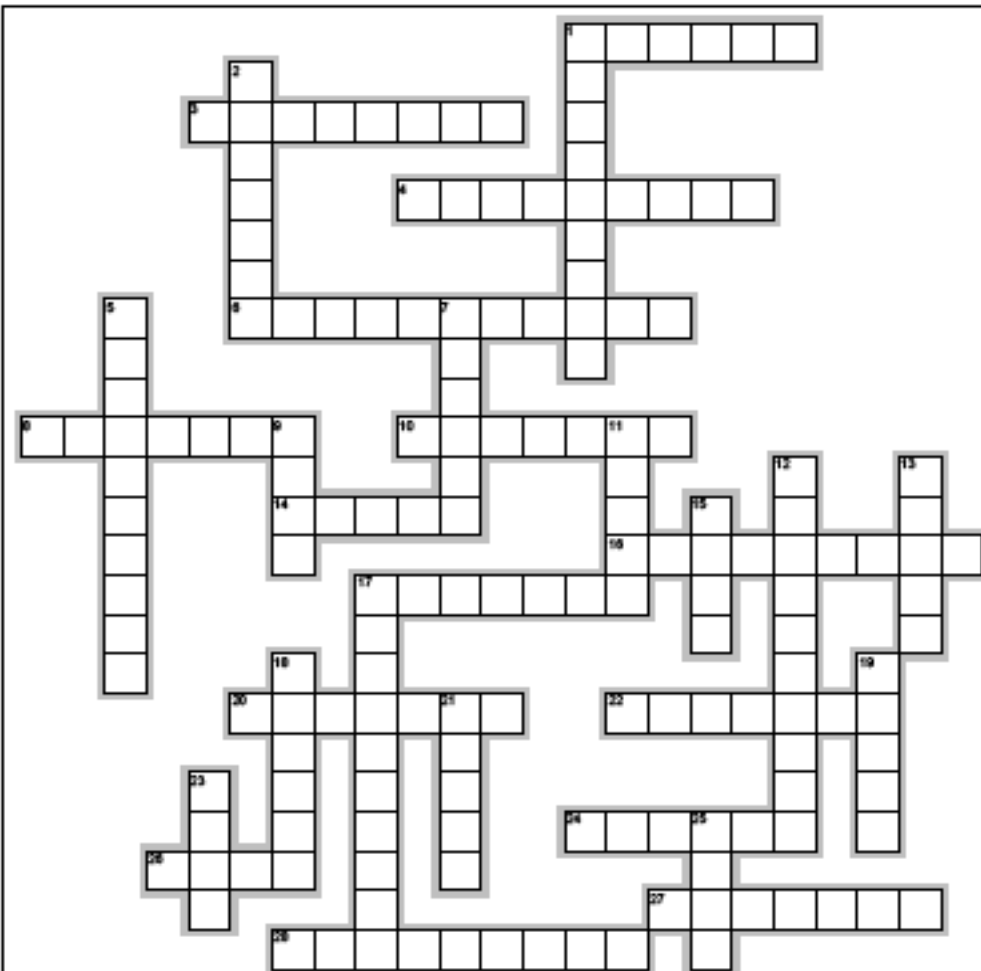
***Submit articles to: [lit@bascna.org](mailto:lit@bascna.org)***

**“The Twelve Traditions” (1, 2, 3, 4)**

All of the words in the puzzle can be found in the "Fifth Edition Basic Text" Chapter Six pages 57 - 64

**Across**

1. "Desire is the key word; \_\_\_\_\_ is the basis of our recovery." (pg 62)
3. "They are \_\_\_\_\_ we use to help us in our recovery and to further the primary purpose of our groups." (pg 63)
4. "These Traditions are part of a set of \_\_\_\_\_ principles of Narcotics Anonymous, and without them N.A. does not exist." (pg 64)
6. "The results were disastrous and, in the end, each of us had to admit that self \_\_\_\_\_ was a lie." (pg 59)
8. "This \_\_\_\_\_ can do for us what we could not do for ourselves." (pg 59)
10. "However, we can disagree \_\_\_\_\_ being disagreeable." (pg 60)
14. "We \_\_\_\_\_ a common desire to stay clean." (pg 60)
16. "This \_\_\_\_\_ guarantees our freedom to recover." (pg 62)
17. "Each group has but one \_\_\_\_\_ purpose-to carry the message to the addict who still suffers." (pg 57)
20. "This means our groups are self-governing, and not subject to outside \_\_\_\_\_." (pg 63)
22. "We follow this way of life by \_\_\_\_\_ rather than direction." (pg 59)
24. "If a contradiction \_\_\_\_\_, we have slipped away from our principles." (pg 64)
26. "But we know that only those who have a desire to stop using and want what we have to offer will \_\_\_\_\_ us in our way of life." (pg 63)
27. "Our Traditions protect us from the internal and external forces that could \_\_\_\_\_ us." (pg 58)
28. "We keep what we have only with \_\_\_\_\_, and just as freedom for the individual comes from the Twelve Steps, so freedom for the group springs from our Traditions." (pg 57)



Learning to use our literature helps us stay clean, the solutions are always in there.

**Down**

1. "Every NA group ought to be fully self-supporting, \_\_\_\_\_ outside contributions." (pg 57)
2. "The only thing we ask of our \_\_\_\_\_ is that they have this desire." (pg 62)
5. "The Twelve Traditions of N.A. are not \_\_\_\_\_." (pg 58)
7. "The \_\_\_\_\_ of membership rests with the individual." (pg 62)
9. "We \_\_\_\_\_ be constantly on guard that our decisions are truly an expression of God's will." (pg 61)
11. "Our common welfare should come first; personal recovery depends on NA. \_\_\_\_\_." (pg 57)
12. "Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place \_\_\_\_\_ before personalities." (pg 58)
13. "Our experience shows that if a \_\_\_\_\_ becomes an extension of the personality of a leader or member, it loses its effectiveness." (pg 61)
15. "The services that we mentioned are the result of members who \_\_\_\_\_ enough to reach out and offer help and experience so that our road might be easier." (pg 63)
17. "In Narcotics Anonymous, we are concerned with \_\_\_\_\_ ourselves from ourselves." (pg 60)
18. "Our First Tradition concerns unity and our \_\_\_\_\_ welfare." (pg 59)
19. "The spiritual conscience of a group will \_\_\_\_\_ contradict any of our Traditions." (pg 61)
21. "Narcotics Anonymous has no opinion on outside issues; hence the N.A. name \_\_\_\_\_ never be drawn into public controversy." (pg 58)
23. "The self-seekers \_\_\_\_\_ find that they are on the outside..." (pg 61)
25. "We have \_\_\_\_\_ members drive hundreds of miles to help support a new group." (pg 60)



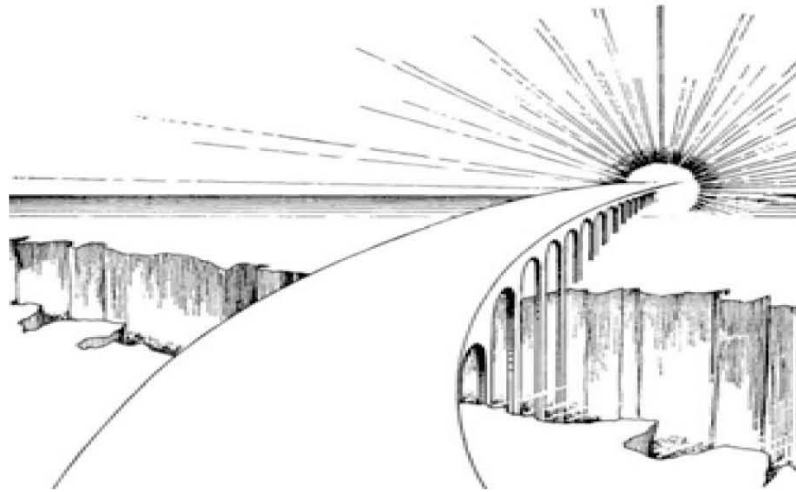
**Celebrate Our Recovery!**

**3 Speakers!**

**Joan L.  
Suncoast**

**Carol K.  
Suncoast**

**Jimmy S.  
Bay Area**



**Tickets  
Available NOW!**

**\$5.00 Presale**

**\$10.00 At the  
Door**

**6:30 PM Doors Open**

**7:00 PM Dinner**

**8:00 PM Speaker  
Meeting**

**9:30 PM Auction**

**10:00 PM Dance!**

**Treasure Island  
Community  
Center**

**1 Park Pl. &  
106th Ave.**

**Treasure Island**



**30th**

**Anniversary**

**Donations for  
Auction Can Be  
Submitted to  
ANY Activities  
Member**

**Bridges to Recovery**

**Homecoming Celebration!**

**Saturday, September 17th, 2011**

**6:30 PM - 11:30 PM**

**For more information, please contact Erin R (727) 460-3911 or Becky S (727) 644-6787.**

**Narcotics Anonymous is not affiliated with Treasure Island Community Center.**