



*Common sense, open minds, calm discussion, accurate information, mutual respect, and healthy personal recovery enable a group to deal effectively with almost anything that comes its way.*

### *The Group Booklet*

#### **About Sharing**

NA relies on the “therapeutic value of one addict helping another.” Nonmembers are generally asked not to share in meetings.

Members are usually asked to share only once per meeting, mindful of the meeting’s time limitations. Many meetings ask members to limit sharing to five minutes or less.

## **July / August 2012**

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Members are also encouraged to avoid “crosstalk,” which means we share our own experiences instead of responding to other members. Individuals can have conversations before or after meetings.

Members are asked to avoid sharing explicit details and descriptions of drugs and using in meetings, and to focus instead on how addiction and recovery affect us.

Newcomers are generally encouraged to focus on listening, but they are welcome to share during the participation portion of the meeting if they feel the need.

Newcomers are also encouraged to listen closely to identify experienced members they can relate to who might make good sponsors or offer other guidance and support.

#### **Cultivating an atmosphere of recovery in our meetings**

*Groups may to consider having the recovery meeting focused on a discussion about a group’s atmosphere of recovery. This discussion would attempt to raise the group’s awareness of the spiritual principles that apply to an atmosphere of recovery (such as unity or carrying the NA message).*

Service Pamphlet :  
Dealing With Disruptive Behavior

Some meetings have a short break for members to talk, get refreshments, use the restroom, or smoke. At meetings with no break, we usually wait until after the meeting.

We don’t allow drugs or drug paraphernalia in any NA meetings.

We strongly discourage any harassment, threats, or disturbing behavior before, during, and after our meetings.

This includes unwelcome sexual, romantic, financial, and religious solicitation. Our meetings are for sharing NA recovery. If you feel harassed or threatened, share your concerns with the meeting leader or a trusted servant.

We ask latecomers to find a seat quietly and avoid distracting people.

We discourage side conversations. Even at a very low whisper, they distract others.

Phone calls and text messages also distract others. We ask members to turn off or silence their cell phones and other electronic devices during meetings.

In many places, hugs are a common NA greeting. If you're not comfortable hugging, don't hesitate to say so. Most members will be understanding about this.

Our meetings vary widely in size and style. Some are small and intimate; others are large and loud. The practices and terms used in our meetings also vary widely from one place to another. Most importantly, our meetings are where we share our experience, strength, and hope. If you're an addict, keep coming to our meetings and share in our recovery!

Service Pamphlet:

An Introduction to NA meetings

# H&I HOSPITALS and INSTITUTIONS

**We are looking for volunteers to go into the jail (Men & Women) to carry the message of NA**



**Requirements: minimum 1 year clean, 3 years off paper misdemeanor & 5 years off paper felony.**

**Come to the H&I Subcommittee Meeting on the 1<sup>st</sup> Sunday of every month.**

**8:30am at The Place, 5540 Park Blvd. Pinellas Park, FL  
Or contact: Jim D. 813-833-5526 or Julie C. 727-804-9207**

NA is not affiliated with any of the facilities listed above.

*A new N.A. group in the Bay Area*

## Work The Steps Or Die...

- ❖ Work The Steps Or Die... is a Narcotics Anonymous group with regularly scheduled meetings in St. Petersburg, FL. We are part of the Bay Area in the Florida Region and are registered with WSO.
- ❖ We are an autonomous, fully self-supporting group of men and women who meet regularly to help each other stay clean. Our 7th Tradition is used only to carry the N.A. message of recovery.
- ❖ Work The Steps Or Die... is a step study meeting utilizing the Narcotics Anonymous Basic Text and It Works How And Why with emphasis on the specific actions the literature tells us to take to recover.
- ❖ During the meeting (four 1-hour sessions), addicts have the opportunity to experience all 12 Steps of the Narcotics Anonymous program of recovery. Our literature states that a result of working the steps is a spiritual awakening. This spiritual awakening is essential for recovery from the disease of addiction.
- ❖ All our meetings are open meetings, so all are welcome to attend.

**Upcoming Meeting Dates (All times 10 am – 4 pm)**

- ❖ *Saturday, April 21<sup>st</sup>, 2012*
- ❖ *Saturday, May 19<sup>th</sup>, 2012*
- ❖ *Saturday, June 16<sup>th</sup>, 2012*
- ❖ *Saturday, July 21<sup>st</sup>, 2012*

**Serenity United Methodist Church**  
2750 5th Ave. North  
St. Petersburg, FL 33713  
*(meeting place of Friday night Young, Free, & Clean)*

\*\*\*This group is NOT affiliated with Serenity U.M.C. or any other organization

THE WORK THE STEPS OR DIE... GROUP OF NARCOTICS ANONYMOUS INVITES YOU TO VISIT OUR WEBSITE OR ANY OF OUR MEETINGS

FIND US AT: [www.workthestepsordie.kk5.org](http://www.workthestepsordie.kk5.org)

*\*Our primary purpose is to carry the message to the addict who still suffers. \**

## Etiquette of the old school

I was sitting in my home group just before the meeting started the other night quietly observing the passing parade, reminiscing over what it was like when I first came to NA all those years ago. It was a big meeting this particular night, with over 80 members in attendance. Throughout the meeting there were amazing pearls of recovery wisdom shared, and many a warm cascade of laughter. – all lightly spiced with plenty of distractions. I react to (or, indeed, sometimes cause) these distractions, depending on “where I’m at” at the time.

*They were  
always clear  
that these are  
suggestions...*

As I pondered this, the booming voice of my first sponsor burst into my conscience (as it often does). He was probably the most profound teacher I’ve ever had. He was from the “old school,” and that’s why I chose him. He was as steady as a rock and would often share about the message handed down to him from his sponsor, who was 20 years clean at the time. They both, in turn, talked about my sponsor’s sponsor with an almost reverent tone and regularly referred to the grandfather of all their sponsors who had departed clean many years ago.

I recall his tales of meeting etiquette. These are things that I try my best to stick by today, as I did back then. In the beginning I mainly followed these guidelines because I was terrified of getting into trouble. Today I do it because I want to, and I know it works. The truth is that I would break at least one of them nearly every meeting. There is always something to work on in recovery! Always with a focus on the newcomer, and in line with unity and respect for our common welfare, this is what they taught me (with one new one, to bring things up to date:

- ◆ Be seated in the meeting, with your coffee, before the meeting starts.
- ◆ Don’t leave the meeting until the end unless you really have to – and if you do. *Never get up while someone is sharing* (especially a newcomer, as they may personalize it). Always wait until the person sharing has finished; nothing is that important!
- ◆ When coming back into a meeting or arriving late, stand at the back until the speaker finishes and *then* take your seat.
- ◆ Share if you’re asked, even if you feel like you’re going to die and can only say a sentence. Sharing when you’re scared gives others the courage to do it, too!
- ◆ If you really need to talk to your neighbor during the meeting, whisper really quietly. (Remember how you felt when you were new and people were whispering?)
- ◆ Texting and playing games on the mobile is not the most respectful thing to do while someone is sharing.

And then there's the old-school etiquette for those times you're "in the chair" (leading or chairing):

- ◆ Always get a strong positive speaker to open the sharing part of the meeting.
- ◆ Ask if there is anyone there for their first NA Meeting and whether they would like to say the first name.
- ◆ Ask if there are any visitors from out of town, and ask them to share during the course of the meeting.
- ◆ Ask someone you don't know if they'd like to share.
- ◆ Ask the person for whom you have the biggest resentment to share; it builds character!
- ◆ Remember principles before personalities. Don't ask only your friends to share.
- ◆ Ask the person with the most cleantime or the strongest message to close the meeting.

Sounds pretty full on, right? This is my predecessors' – and now my – experience with caring and sharing the NA way, and it works. They were always clear that these are suggestions; take them or leave them. They would always remind me, however, that when jumping out of a plane, pulling the parachute ripcord is also a suggestion, and suggestions are like that usually on the money!

I now have sponsees who sponsor members, who sponsor still others. We know it as the sponsorship chain, and often refer to the members in that chain with family names such as recovery brother, grand-sponsor, and so on. This is an incredible resource. Many, many recovery challenges have been met with this gang. There is nothing that we can't get through clean, together. We are still passing on suggestions that were given to us and, just for today, we are staying clean and living productive lives within our fellowship and within our society. Awesome stuff!

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**\*\* Registration Is Important \*\***

The money that is collected from registration is used for all convention related expenses. We hope that all participants understand that the funds collected ensure that this convention and future conventions are possible. It is the support of each participant's registration or donation that helps make our convention a success.

**No addict will be turned away** because of lack of money (free events). However, everyone must be registered. Please contact the registration chair: Shelia P. at: 863-651-9142 or sheliaperdue@yahoo.com

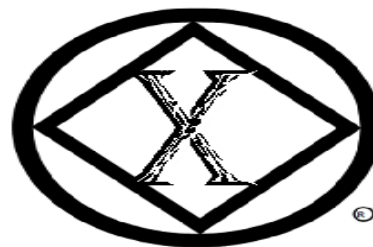
**Merchandise:** Those wishing to sell merchandise on Sunday, must contact Kay P. at 863- 698-3728 prior to the convention.

**Children:** Parents are responsible for their children. There is no cost for child registration (15 yrs. & under). Please ensure that children are registered. We ask that parents closely supervise their children so the meetings are not disrupted.

**Press:** If you are a member of the press, please contact a convention committee member.

**Thank you for coming!**

**H.A.C.N.A.**  
HEARTLAND AREA'S 10<sup>TH</sup> ANNUAL CONVENTION  
OCTOBER 19, 20 & 21, 2012



**"OPERATION RECOVERY"**  
Chateau Élan  
Sebring, Fl.



## Manners in Sharing

To my fellow members I beg of you to have an open mind when reading this, think and consider a bigger picture.

I choose to be nice, kind, loving and tolerant. Life is mean enough without me adding to the problem.

I do not have to practice manners, but it makes life more bearable. I do many things in recovery that I do not have to do, to me courtesy is a little bit of humility I can practice and the result is integrity.

I refrain from correcting or trying to control the chairperson or group. Will it really matter next Tuesday? Am I just trying to show others how correct I am, how smart I am or how much spiritual pride I have?

I speak when spoken to before or after the meeting, during the meeting I smile or nod my head. If I cannot say something kind, I say nothing. I can practice tough love kindly. I have shared kindly to extremely tough members who have shed tears. I see hateful harsh words promote hate, anger; fighting and kind words create more love, kindness and peace. Such as, I am going to spit on you, well I am going to slap you, I am going to hit you, I am going to give you a black eye, I am going to knock your teeth out, hate escalates, love creates more kindness and tolerance.

I answer questions that are asked of me, if I can kindly. I try to listen to what people are saying when they speak, they may be answering a question I have, even though I do not realize it at the moment, I pause and listen, try to understand.

When I am not practicing love and tolerance I cannot practice my steps and traditions. Love and tolerance is our code and the steps and traditions are our guidelines. One day I heard a member hatefully tell another member what he needed to do to stay clean while sharing, while his words were true they were not effective because he was telling, (you should), using mean degrading words, and not saying kindly what "he did", (sharing his experience) which I think is the most powerful way of communicating.

I do not refer to others by name in or outside the meeting. How can I keep track of everyone's name at all the various groups? How does this make the new comer or person who is hurting feel? I think it pro-

motes clicks and not group unity. It is like I am special I know all these people and they are important and I am associating with them so I am important.

I share proportionate to the time allotted and the members present. I can say a lot, if I put out effort to think what I mean to say, in 1 or 2 minutes, 3 to 4 tops. I have been to meetings where all people have had a chance to share. I do not need to hoard sharing time because I have not spoken to my sponsor or other spiritual advisors. I use my sponsor to discuss private details, when I need to dump or just complain.

I realize that I cannot explain my understanding of the 12 steps and 12 traditions in one share, so I do not try to. When I share I mention it is just one or two thoughts or ideas about the subject at hand. I do not point out no one has mentioned surrender, honesty or step whatever, I think I would be show boating, bragging, trying to show how much I know, being self-righteous or displaying spiritual pride.

I try to practice humility and make my share "subject to". This means I use phrases like, to me, I think, I feel and I refrain from more hard line phrases like "It is a KNOWN FACT" or "I BELIEVE", this allows me to be able to change my mind next week or when further investigation reveals something different, it could be in the next share. When I share a problem I try to include a personal solution.

I refrain from using the words YOU, US or WE. I do not like being told what to do unless you are paying me by the hour. Even if it is good advice what you are telling me to do, however if you share what you have done personally then that is powerful and I listen with an open mind and eagerly. If I use "WE", I think I am including you in my pocket, and my pockets are not that big. I really do not know if you have done, or think what I have done or thought.

Anonymous

### **Just a few thought from someone who loves NA**

As I write this I am sitting at my desk and feel compelled to try to get my feelings out. I have been a member of this fellowship for many years now. I have noticed recently that there seems to be a shift in the perception of the program. When and where I got clean there were very clear directives given about how we were to behave in and outside the meetings and the fellowship/program. I was talking to someone a while ago who is clean a few years longer than me. I was saying how much the fellowship has changed over the past few years and he told me that “the NA I fell in love with doesn’t exist anymore”. That sort of statement makes me sad.

There seems to be this attitude I have found with some of our newer members that is totally contrary to how I was “raised” in NA. There is this idea that the old-timers don’t know what they are talking about and you don’t need to work the steps. That if we attempt to hold people accountable for their behavior we are being controlling and we should allow any sort of bizarre or violent behavior to take place in our meetings because if we confront the behavior it is like “handing someone a syringe and some dope”. I actually had someone say this to me outside a meeting the other night. I understand that we are addicts and are prone to act improperly sometimes but if people hadn’t confronted me and “told me about myself” I do not believe that I would have stayed clean.

It is very dangerous to have people walking around discounting or discrediting our predecessors. Some of these folks are young and newly clean and there seems to be a group that subscribe to this sort of thinking. I am not putting down the young people because I got clean young but to renounce the program, the importance of working the steps, or the long term members is certainly dangerous for the health and well-being of the fellowship and the individual addicts. I’ve learned over the years that just because you are louder don’t mean you are more right. I would suggest that if anyone has questions look to our literature and our history for some insight or sit down with one of your predecessors and ask some questions.

Thanks for listening.

Peace

## We Stand in This Circle...

...at the end of each and every meeting to symbolize our Unity of Purpose. We hold one another around the arms, shoulders or waist. We have someone “take us out” with a few brief words of Recovery. Then, we break our circle and do as we choose. Some go around giving and getting hugs. Good, because you never know when that hug might be needed. We can even save up hugs for those times when we are alone (and feeling very alone indeed) to remind us that there are those that love us enough to share of themselves. In fact, the inspiration of our circle, our group hug if you will, should help us to understand how important it is each of us to be touched, supported and held by another human being. We hold to our recovery, we hold steadfast against the disease, we hold to the Truth. “WE CAN”. So bearing in mind the power our closing ceremony can have, let us not dash through it off-handedly or thoughtlessly. Indeed, that moment of silence as we close should be a time of great thoughtfulness, for ourselves and for one another. The symbolism of the unbroken circle makes us all one. One person, one addict, one Purpose. We hold.

Anonymously Yours

## Some of us make it back

I was able to stay clean in NA from February 1984 to November 2007. My Mother passed away Mother's day of 2005. Her death was a major blow however; I was able to get through it without using. In November of 2007, I went to the hospital for a back problem. I was prescribed a mild pain killer to relieve legitimate pain. Unfortunately my disease does not know the difference between medication taken for legitimate pain and medication taken to get high.

This event was the beginning of my relapse. Slowly I began to slide down that slippery slope of relapse. I found myself no longer praying to deal with the loss of my mom. This process happened so slowly. I found myself no longer calling my sponsor (Again this happened so slowly). Then my meeting attendance ceased (Again so... so slowly).

These actions were the prelude to getting pain medications. I was sincere about attaining medication only to relieve my pain. BUT I slowly stopped my active involvement in the program that had made my recovery possible, the program that I had been active in for twenty-three years. You get the picture?

I have been back in NA and clean since 09/01/11. I find it interesting that my clean date is 911 (Emergency Call)... "LOL". God is pretty cool to set that up. Today, I work the NA Program like I did for all those years. However, there is one distinct difference. NA has given me the ability to work on all manifestations of the disease of addiction. My true belief is in recovery it gets better, so does the road on the Twelve Step Program get better.

You may wonder EXACTLY what does this guy mean?

I studied to be an addictions counselor in 1999 with 15 yrs recovery. The US

Statistics then were that 250 million American have been affected by addiction. Since "that's a fact – jack", and God knew this. So NA was born in the early 50's to help more people. Catch my drift?

God Bless You,

Be sure to help someone to help yourself grow spiritually.

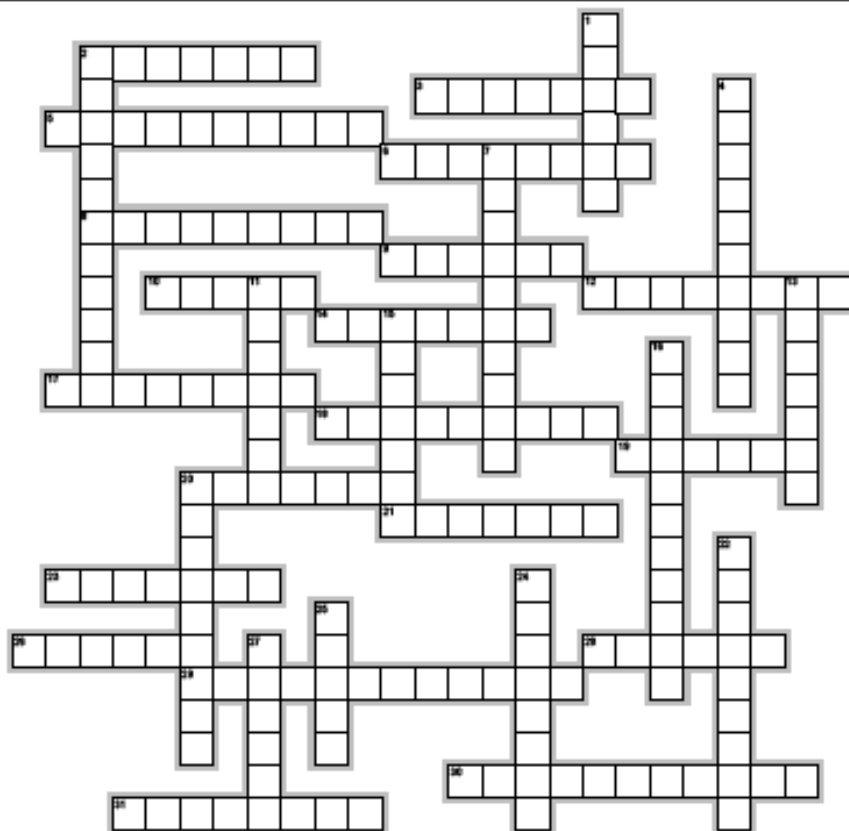
Mark H.

See You AT FRCNA....Tampa 2012

Oh YeEeEeEeEah.....



**“Who Is An Addict?”**



Learning to use our literature helps us stay clean, the solutions are always in there.

**Across**

- 2. "Addiction is a \_\_\_\_\_ that involves more than the use of drugs." pg 3
- 3. "We fell into a \_\_\_\_\_ of selective thinking." pg 4
- 5. "Those of us who don't die from the disease will go on to prison, mental institutions or complete demoralization as the disease \_\_\_\_\_." pg 7
- 6. "Most of us do not have to think twice about this \_\_\_\_\_." pg 3
- 8. "Like other \_\_\_\_\_ diseases, addiction can be arrested." pg 5
- 9. "Some of us used, misused and \_\_\_\_\_ drugs and still did not consider ourselves addicts." pg 4
- 10. "We suspected that we had lost control over the drugs and had no \_\_\_\_\_ to stop." pg 6
- 12. "Some addicts needed to go to greater \_\_\_\_\_ than others." pg 6
- 14. "The disease is \_\_\_\_\_ progressive and fatal." pg 7

- 17. "Our addiction \_\_\_\_\_ us." pg 7
- 18. "Our world shrank and \_\_\_\_\_ became our life." pg 4
- 19. "We had to reach our \_\_\_\_\_, before we were willing to stop." pg 7
- 20. "When we did seek help, we were only looking for the \_\_\_\_\_ of pain." pg 5
- 21. "We avoided the \_\_\_\_\_ of our addiction." pg 4
- 23. "We were forced to \_\_\_\_\_ any way that we could." pg 4
- 26. "Very simply, an \_\_\_\_\_ is a man or woman whose life is controlled by drugs." pg 3
- 28. "We did not \_\_\_\_\_ to become addicts." pg 3
- 29. "As our addiction progressed, many of us found ourselves in and out of \_\_\_\_\_." pg 5
- 30. "Some of us feel lonely because of \_\_\_\_\_ between us and other members." pg 6
- 31. "Our \_\_\_\_\_ to drugs is what makes us addicts, not how much we use." pg 5

All of the words in the puzzle can be found in the "Fifth Edition Basic Text" Chapter One pg 3 - 8

**Down**

- 1. "We \_\_\_\_\_ what it was like before we started using; we forgot about social graces." pg 6
- 2. "The only alternatives to recovery are jails, institutions, \_\_\_\_\_ and death." pg 8
- 4. "Through \_\_\_\_\_ and through working the Twelve Steps of Narcotics Anonymous, our lives have become useful." pg 8
- 7. "We may have tried to moderate, \_\_\_\_\_ or even stop using..." pg 6
- 11. "Some of us first saw the \_\_\_\_\_ of addiction on the people closest to us." pg 7
- 13. "This seems \_\_\_\_\_, but many of us have been in this state of mind." pg 5
- 15. "We have a disease, but we do \_\_\_\_\_." pg 8
- 16. "The \_\_\_\_\_ available to us came from misinformed people." pg 3
- 20. "We begin to treat our \_\_\_\_\_ by not using." pg 7
- 22. "The fact was that we could not use any mind-altering or mood changing \_\_\_\_\_, including marijuana and alcohol, successfully." pg 4
- 24. "Once we \_\_\_\_\_ ourselves as addicts, help becomes possible." pg 7
- 25. "While \_\_\_\_\_, we lived in another world." pg 6
- 27. "One \_\_\_\_\_ of our addiction was our inability to deal with life on life's terms." pg 4

Activities Presents...

Bay Area 31st Anniversary Celebration

Saturday  
August 25th  
2012  
7:30 pm -  
midnight



7:30 pm  
Doors Open  
8:00 pm  
Speaker Meeting  
9:00 pm  
Auction  
10:00 pm  
Dance

Party-goers are encouraged to wear all white  
Come out and celebrate the 31st anniversary of NA in the Bay Area  
Enjoy an evening of recovery, desserts, and dancing!

Treasure Island Community Center • 1 Park Place & 106th Avenue • Downtown Treasure Island

Desserts and Specialty Coffee will be served

\$5.00 suggested donation, no addict turned away

NA is not affiliated with Treasure Island Community Center

For more information contact Erin R (727) 460-3911 or Becky S (727) 644-6787

**XVII NA CONVENTION OF COSTA RICA REGION**

**2012**

The 2012 NA  
convention will  
start on Friday  
October 19 and  
will end on Sunday  
October 21.



Hotel Martino  
Resort & Spa  
Is Located In front  
of Zoo Ave, La  
Garita, Alajuela,  
C.R.  
P.O.Box 2203-4050  
For more  
information  
hotelmartino.com

The event will take place in the Costa Rica's Resort Martino. Costa Rica's Resort Martino is located in the tropical central valley of Costa Rica, which is known for having one of the three best climates in the world. Located only 15 minutes from Costa Rica's San Jose Airport, this Italian style resort-hotel is surrounded by lush tropical gardens and provides the perfect central location for exploring Costa Rica's amazing natural diversity.

**Package 1: Double room**  
Cost: 70 000 Colones per person // about \$ 138.20 per person  
Includes: 3 days and 2 nights Breakfast for Saturday 20th and Sunday 21st  
Registration package: T-shirt, pen, program, poster, badge, ticket to the dancing, ties\*, surprise gift.

**Package 2: Triple room**  
Cost: 60 000 Colones per person // about \$ 118.66  
Includes: 3 days and 2 nights, breakfast for Saturday 20th and Sunday 21st  
Registration package: T-shirt, pen, program, poster, badge, ticket to the dancing, ties\*, surprise gift.

**Package 3: Registration package only**  
Cost: 15 000 Colones per person // about \$ 29.62  
Includes: T-shirt, pen, program, poster, badge, ticket to the dancing, ties\*, surprise gift.

**Package 4: Badge**  
Cost: 2500 Colones per person // about \$ 4.94  
Includes: Badge only.

Please note that the cost of each package has been calculated based on the exchange differential for 08/04/12 (386.50 Colones per USD). The packages costs in USD may vary from now until the day of the event.

For more information:  
Regarding the event please contact monica-santa@hotelmartino.com  
For more information regarding the hotel http://www.hotelmartino.com

**Bay Area Service Committee Meetings**

**Activities 6:30 1st & 3rd Wed The Place**

**Area Service 9:30 am 2nd Sunday, The Place**

**Helpline 9 am 1st Sunday @ Denny's 34th St and 50th Ave N St. Pete**

**H&I 8:30 am 1st Sunday, The Place**

**Lit/Newsletter 4:30 pm 1st Tuesday, The Place**

**Policy 8:30 am 2nd Sunday, The Place**

**Public Relations 8:45 pm Monday before ASC, Terra Nova**

**Newsletter Guidelines** We would like to thank all of you who contributed to the newsletter. It was by your efforts that this publication was made possible. We look forward to your contributions in upcoming publications and we accept articles poetry, jokes, and cartoons. Please keep submissions to 200 – 400 words. The Newsletter is published bi-monthly, please provide submissions at least two weeks prior to print. Please e-mail all contributions to: lit@basna.org

**Please Note...** The opinions expressed herein are those of individual contributors, and not the opinions of the Bay Area Literature Subcommittee, or Narcotics Anonymous as a whole. Narcotics Anonymous is not affiliated with any of the facilities mentioned. The Handbook for Narcotics Anonymous states, "The 12 Traditions of NA should serve as the basic guidelines for editing your newsletter ... the language of NA recovery should be used." All editorial decisions made by the Literature Subcommittee have been made with these guidelines in mind. We welcome any feedback in accordance with the Second Tradition. Please indicate if you would like that feedback published.

# Area Help Lines for the Florida Region

**Bahamas**... 242-426-5245 (naflorida.net/bahamas)

## **Bay Area (Saint Petersburg, Clearwater, Pinellas County)...**

888-779-7117 / 727-547-0444 (bascna.org)

**Big Bend Area** (Tallahassee)..... 877-340-5096 / 850-224-2321 (bigbendna.org)

**Chain O' Lakes Area** (Leesburg, Eustis, Tavares, Clermont, Groveland) ..... 352-319-5617 (colana.org)

**Daytona Beach Area** (Ormond, Holly Hill, Port Orange, New Smyrna Beach, Edgewater, Flagler Beach, Palm Coast, Deland, Orange City, Deltona)..... 800-206-0731 / 386-628-0318 (daytonana.org)

**First Coast Area** (Jacksonville, Jacksonville Beaches, Fernandina Beach, MacClenny, Orange Park, Middleburg, Green Cove Springs, Palatka) ..... 904-723-5683 (firstcoastna.org)

**Forest Area** (Ocala, Belleview, Dunnellon) ..... 352-368-6061 (forestna.org)

**Gold Coast Area** (Fort Myers, Ft. Lauderdale, Port Charlotte, Cape Coral)888-524-1777 (goldcoastna.org)

**Greater Orlando Area** (Longwood, Sanford, Casselberry, Altamonte, Kissimmee)407-425-5157 (orlandona.org)

**Greater Pensacola Area** (Pensacola, Ft. Walton Beach)... 850-496-1673 / 850-723-4813 (pensacolana.org)

**Gulf Coast Area** (Port Charlotte)..... 866-389-1344 (nagulfcoastfla.org)

**Heartland Area** (Lakeland, Polk County, Highlands County, Hardee County)863-683-0630 (naflheartland.org)

**Midcoast Area** (Delray Beach, Boca Raton, Boynton Beach, Deerfield Beach)561-393-0303 (midcoastarea.org)

**Nature Coast Area** ..... 352-464-4135

**North Dade Area** ..... 866-935-8811 (northdadearea.org)

**Palm Coast Area** (West Palm Beach) .....561-848-6262 (palmcoastna.org)

**Recovery Coast Area** (New Port Richey)..... 727-842-2433 (napasco.org)

**River Coast Area** (Citrus County, Hernando County) 352-382-0851 / 352-754-7200 (rivercoastareana.org)

**Serenity Coast Area** (Jacksonville, Jacksonville Beach, Mandarin, Middleburg, Orange Park, St. Augustine)  
..... 904-358-NANA (6262) (serenitycoastna.org)

**Space Coast Area** (Cocoa, Cocoa Beach, Indialantic, Melbourne, Merritt Island, Palm Bay, Port St. John, Rockledge, Satellite Beach, Sebastian, Suntree, Titusville) ..... 321-631-4357 (spacecoastna.org)

**Suncoast Area** (Sarasota, Bradenton) ..... 941-257-5055 (suncoastna.org)

**Sunset Coast Area** (Naples, Bonita Springs).....  
..... 888-435-7301 / 239-249-1398 / 239-591-2804 / 888-435-7301 (sunsetcoastna.com)

**Tampa Funcoast Area** (Hillsborough County, Tampa, Brandon, Lutz, Riverview, Ruskin) .. 813-879-4357  
..... (tampa-na.org)

**Treasure Coast Area** (Fort Pierce, Port St. Lucie, Stuart, Okeechobee, Vero Beach)..... 772-343-8373  
.....(treasurecoastareana.com)

**Uncoast Area** (Alachua, Branford, Gainesville, High Springs, Lake City, Live Oak, Newberry, Old Town, Worthington Springs) 352-376-8008 / 866-352-5323 (uncoastna.org)

## Around The Area



### Point of Freedom Group Speaker Meeting

Every Wednesday at 8:00 PM, July 4  
The Place/5540 Park Blvd/ Pinellas Park, FL 33781

### Work The Steps Or Die... Group - 12 Step Workshops

Next Meeting Saturday, **July 21/ August 18** 10:00am – 4:00pm  
Serenity United Methodist Church/2750 5th Ave. North  
St. Petersburg, FL 33713

### Defeating Our Addiction (DOA) Group - Pot Luck Dinner

Last Thursday of every month. Please feel free to bring a covered dish.  
The dinner starts at 7:00pm and Speaker Meeting at 8:00pm.  
Fellowship Hall/Gulfport Presbyterian Church/5313 27th Ave South  
Gulfport, FL 33707

### Acceptance And Change- Speaker Meeting

Meets every Friday 8:00 pm/ Speaker Second Friday **July 14/Aug 11**  
Community United Methodist Church of Oldsmar (Manahan Hall)  
207 Buckingham Avenue, Oldsmar, FL 34677

### Spiritual Solutions— Speaker/ Potluck Meeting

Last Tuesday of the Month **July 31/ August 28** 7:00pm  
St. Pete Vineyard Church 5000 10th Street North

### Galactic Bowling - Fall 2012- All Are Welcome

Saturday, August 4th , 2012/ 9:30pm / \$9.00  
Sunrise Lanes / 6393 Dr. MLK North /St. Petersburg, FL

### Bay Area Field Day - Fall 2012- All Are Welcome

Saturday, Oct. 6, 2012/  
Lake Seminole Park

NA is not affiliated with any of the facilities listed.

## Contact the Bay Area Service Committee

Subcommittee  
e-mail

addresses are:

[activities@basna.org](mailto:activities@basna.org)

[areasecretary@basna.org](mailto:areasecretary@basna.org)

[helpline@basna.org](mailto:helpline@basna.org)

[hi@basna.org](mailto:hi@basna.org)

[lit@basna.org](mailto:lit@basna.org)

[pr@basna.org](mailto:pr@basna.org)

[rcm@basna.org](mailto:rcm@basna.org)

[web@basna.org](mailto:web@basna.org)

[lit-dist@basna.org](mailto:lit-dist@basna.org)

Or contact us by

pony express at

B.A.S.C.N.A., INC.

P.O. Box 703,

Largo, FL,

33779-0703.

# Around The Region



## **Funcoast Area Fourth of July Picnic**

Wednesday July 4th

McFarland Park Tampa, FL

## **FRCNA**

Thursday, July 5th - Sunday July 8th

Tampa Marriot Waterside 700 S. Florida Ave, Tampa, FL

## **Bay 2 Bay Women Convention Deep Sea Fishing**

Saturday July 21

Tampa, FL

## **Big Bend Area Convention**

August 3 - August 5

Tallahassee, FL

## **North Dade Area Convention**

August 10 - August 12

Double Tree Miami, FL.

## **South Florida Regional Convention 18**

31-August-2012 - 3-September

Hyatt Regency, Weston FL.

## FLORIDA REGIONAL CONVENTION OF NA

JULY 5TH—JULY 8TH



“THE RIDE OF YOUR LIFE”

MARRIOT WATERSIDE TAMPA, FLORIDA

# Around The World



## **Rainbow Group Speaker Jam 8**

28-July- - 28-July

*South Hope Center*

*Sumter, SC*

## **New Hope Area Convention 19**

3-Aug - 5-Aug

*Sheraton Imperial Hotel & Convention Center*

*Durham , NC*

## **Greater Philadelphia Regional Convention 27**

10-Aug - 12-Aug

*Dolce Hotel and Resort*

*King of Prussia , PA*

## **Middle Tennessee Area Unity Convention 11**

17-Aug - 19-Aug

*Millennium Maxwell House Hotel*

*Nashville, TN*

## **South City Area Convention 7**

23-August-2012 - 26-August-2012

*Hyatt Regency McCormick Place*

*Chicago, IL*

## **New Orleans Area Convention 12**

30-Aug - 2-Sept

*Hilton New Orleans Riverside*

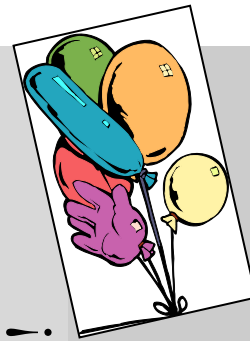
*New Orleans , LA*

NA is not affiliated with any of the facilities listed.



## BAY AREA ANNIVERSARIES

Apr. 8	<b>Tom C.</b> (Come As You Are)	2 Years
May 7	<b>Don R.</b> (Come As You Are)	2 Years
May 12	<b>Everett M.</b> (Do U Rly Want To Know)	2Years
May 24	<b>Sophia S.</b> (Sunshine Group)	23 Years
May 27	<b>Alberta C.</b> (No Pain No Gain)	6 years
June 1	<b>Lisa S.</b> (No Pain No Gain)	5 years
June 5	<b>Audrey R.</b> (Sunshine Group)	18 Month
June 8	<b>Jackie O.</b> (The Point of Freedom)	11 Years
June 8	<b>Erin MC.</b> (Noon Group)	2 Years
June 9	<b>Becky S.</b> (Trust the Process)	2 Years
June 9	<b>Joel W.</b> (Come As You Are)	23 Years
June 10	<b>Kenny C.</b> (The Point of Freedom)	30 Years
June 10	<b>Luis P.</b> (No Pain No Gain)	1 Year
June 12	<b>Diane P.</b> (Sunshine Group)	1 Year
June 12	<b>Rahul</b> (Defeating Our Addiction)	6 Years
June 13	<b>Dave</b> (Dopeless Hope Fiends)	2 Years
June 16	<b>Melissa M.</b> (Trust the Process)	2 Years
June 17	<b>Heath B.</b> (Come As You Are)	5 Years
June 17	<b>Rita F.</b> (Noon Group)	1 Year
June 19	<b>Debbie W.</b> (Noon Group)	3 Years
June 22	<b>Michael H.</b> (Never Alone)	10 Years
June 23	<b>Mishelle P.</b> (The Dunedin Group)	18 Month
June 23	<b>Laura</b> (Dopeless Hope Fiends)	2 Years
June 26	<b>Keith N.</b> (Come As You Are)	18 Month
June 26	<b>Billy V.</b> (Noon Group)	24 Years
June 26	<b>Karl P.</b> (Life's A Beach)	18 Years
July 1	<b>Rob V.</b> (Welcome Home)	3 Years
July 1	<b>Kurt R.</b> (Welcome Home)	4 Years
July 3	<b>Sandy S.</b> (Sunshine Group)	22 Years
July 4	<b>Keljean C.</b> (Unity Group)	18 Month
July 4	<b>Junior M.</b> (Dopeless Hope Fiends)	4 Years
July 4	<b>Aden R.</b> (Stairway)	1 Year



Congratulations celebrants! Cheers for your dedication!

**MEETINGS IN**

**NEED OF SUPPORT**

**Acceptance and Change**

(Oldsmar Community UMC)

**Always Here**

(Terra Nova)

**Just for Today**

(Terra Nova)

**Morning Serenity**

(The Place)

**New Attitudes**

(St. Paul's)

**No Pain No Gain**

(West Care)

**Primary Porpoise**

(Calvary)

**Serenity In Addiction**

(Serenity Club)

**Spoons R4 Coffee/Lighters R4 Candles**

(Terra Nova)

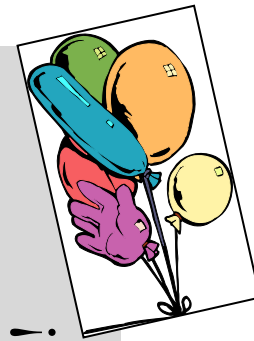
**Trust the Process**

(G. Port Presbyterian)

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# Bay Area Anniversaries

July 6	<b>Robin A.</b> (Life's A Beach)	10 Years
July ??	<b>Cassie.</b> (Just for Today)	9 Years
July 11	<b>Aaron S.</b> (We Do Recover)	2 Years
July 11	<b>Gerry H.</b> (Come As You Are)	21 Years
July 12	<b>Janie T.</b> (We Do Recover)	2 Years
July 13	<b>Greg .</b> (No Pain No Gain)	3 Years
July 17	<b>Mike M.</b> (Do U Really Want To Know)	1 Year
July 18	<b>Bonnie P</b> (Keys To Recovery)	10 Years
July 20	<b>Billy R.</b> (?????)	5 Years
July 20	<b>Chastity R.</b> (?????)	5 Years
July 21	<b>Lynn J.</b> (No Pain No Gain)	6 Years
July 21	<b>Sarah W.</b> (Defeating Our Addiction)	6 Years
July 22	<b>Tony B.</b> (Do U Really Want To Know)	4 Years
Aug. 2	<b>Andrea B.</b> (It Works)	6 Years
Aug. 3	<b>Greg K.</b> (Sunshine Group)	27 Years
Aug. 7	<b>Ron G.</b> (Life's In Session))	1 Year
Aug. 9	<b>Ernest E.</b> (Life's In Session)	4 Years
Aug. 16	<b>Mike P.</b> (Life's In Session)	18 Month
Aug 16	<b>Ken T.</b> (Welcome Home)	20 Years
Aug 20	<b>Bari P.</b> (Welcome Home)	7 Years
Aug. 20	<b>Paul P.</b> (Stairway)	3 Years
Aug 25	<b>Major F.</b> (Welcome Home)	3 Years
Aug 26	<b>James D.</b> (Welcome Home)	4 Years
Aug. 27	<b>Erin R.</b> (Key To Recovery)	5 Years
Sept. 11	<b>Jen S.</b> (Welcome Home)	5 Years
Sept. 15	<b>Bert Y.</b> (Welcome Home)	29 Years
Sept. 18	<b>Bruce S.</b> (Welcome Home)	5 Years
Sept. 18	<b>Laura G.</b> (Stairway)	12 Years



Congratulations celebrants! Cheers for your dedication!

**SERENITY IN  
ADDICTION  
GROUP  
NEW MEETING  
FRIDAYS  
8:00 PM - 9:00 PM  
OPEN  
DISCUSSION  
631 TURNER ST  
CLEAWATER, FL**

